

Pediatric Feeding & Swallowing Program

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This service evaluates and treats patients with swallowing (dysphagia) and feeding problems that interfere with a person's growth, health, nutrition and development.

Approximately 80% of children with feeding problems have a related medical condition, active or resolved. Feeding difficulties are typically associated with one or more of the following: failure to thrive, failure to advance texture, over selectivity of food, bottle or tube dependence, total or partial food refusal, oral-motor dysfunction, dysphagia and vomiting,

and immature swallowing pattern affecting dentition.

T'zuna Bria' Speech & Feeding Services' feeding and swallowing program provides a multidisciplinary therapy approach including medical management, nutrition and, when needed, occupational and behavioral therapy services, to ensure optimal outcomes. The primary goal is to promote safe, efficient eating using mature oral-motor patterns appropriate for the textures of food offered through a variety of therapy approaches.

Healthy Eating Books for Children

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T'zuna Bria Speech & Feeding Services recently teamed up with Dr. Celia Padron, pediatric gastroenterologist, and Rose Payne, Certified Health Coach, to publish a series of four children's books that address healthy eating habits. This book series is an excellent teaching tool that facilitates the treatment of numerous GI issues.

Designed for the four- to eight-year old age group who desperately need to change their eating patterns, the books are colorful, child-friendly and informative. The first two titles include a coloring book that features the main characters in both books allowing children to review the story in a kid-friendly manner. The third

book focuses on the importance of regular bowel movements, which has been very helpful for many young patients struggling with chronic constipation. The fourth book explains the food/mood connection of eating processed foods high in sugar and the negative results that may occur in the child's everyday life.

Many GI problems can be easily resolved once children and parents are given a better understanding of how the foods they eat can contribute to their poor growth and development and might also be the cause of a host of disorders including: reflux, chronic congestion, constipation, and learning disorders, to name a few.

This informative series of books can be ordered from our office (20% discount when you mention this article) or diannelazer.com or amazon.com.

T'ZUNA BRIA

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